



**Phoenix Charter
High School Menu
December 2024**

<p>Everyday Breakfast Choices Chocolate Chip Breakfast Rounds, Oatmeal, Cold Cereal Fruit and 1% White Milk or Skim White Milk (toast or string cheese offered daily with cereal) Students must choose 3 of 4 Breakfast Items 1 MUST BE FRUIT, A Minimum of a ½ cup</p> <p>Mon-Fri <i>Cheeseburger, Hamburger or Veggie Burger, Chicken Burger, Spicy Chicken Burger or Veggie Burger</i> <i>Bacon Cheeseburger Every Thursdays</i> <i>All Burgers served with French Fries or Tater Tots</i></p>	<p>Everyday Lunch Choices Subs, Sandwiches & Wraps *Mon: Ham & Cheese Sub *Tues: <i>American Sub</i> *Wed: Italian Sub *Thurs: Turkey & Cheese Wrap</p> <p>Salads: *Mon: Chef Salad *Tues: Hearty Garden Salad *Wed: Taco Salad w/Tortilla Chips *Thurs: Crispy Chicken Salad (all salads served with WG Roll except taco salad)</p>
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<p>Pizza Every day: Cheese (v) & Pepperoni *Mon: BBQ Chicken *Tues: Meat Lovers *Wed: Sausage Pizza *Thurs: Veggie Pizza (v) *Fri Hawaiian</p>
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Breakfast and lunch are available at No Charge to Students

Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white milk or fat free chocolate milk. All grains offered are whole grain.

2	3	4	5	6
<p>Breakfast: Waffle w/Berry Compote (v) Lunch: Chicken Nuggets w/Fries & WG Roll</p>	<p>Breakfast: Tony's Sausage Breakfast Pizza Lunch: Big City Bites-Philadelphia Philly Chicken Sandwich w/Oven Baked Tater Tots</p>	<p>Breakfast: Mini Maple Waffles Lunch: Sweet & Sour Chicken over Brown Rice, steamed broccoli</p>	<p>Breakfast: Ham & Cheese Muffin Lunch: Cheesy Breadstick w/ marinara</p>	<p>Breakfast: Fresh Baked Cinnamon Roll w/Icing(v) Lunch: Beefy Sloppy Joes w/Curley Fries</p>
9	10	11	12	13
<p>Breakfast: Sausage Pancake on a Stick w/Syrup Lunch: Bean & Cheese Burrito w/Salsa & Sour Cream</p>	<p>Breakfast: Sausage Breakfast Pizza Lunch: Creamy Chicken Alfredo, steamed broccoli</p>	<p>Breakfast: Ham & Cheese Breakfast Sandwich Lunch: Rainbow chili w/ chips</p>	<p>Breakfast: Warm Blueberry Bagel w/Cream Cheese (v) Lunch: Turkey Gravy over Whipped Potatoes w/WG roll</p>	<p>Breakfast: Warm Blueberry Muffin (v) Lunch: Grilled Cheese Sandwich w/Tomato Soup</p>
16	17	18	19	20
<p>Breakfast: French Toast Sticks w/Syrup Lunch: Korean BBQ Meatballs w/ rice</p>	<p>Breakfast: Strawberry Yogurt w/Graham Cracker Lunch: Big City Bites-Philadelphia Philly Chicken Sandwich w/Oven Baked Tater Tots</p>	<p>Breakfast: Warm Bagel w/Cream Cheese Lunch: Twisted Dog w/ baked beans</p>	<p>Breakfast: Egg & Sausage Breakfast Burrito Lunch: Spaghetti w/Meaty Marinara</p>	<p>Breakfast: Warm Fresh Baked Cinnamon Roll w/Icing (v) Lunch: Chicken & Waffle</p>
23	24	25	26	27
	<p>No School Winter Break</p>		<p>No School Winter Break</p>	
30	31	31	31	31
<p>No School Winter Break</p>		<p>No School Winter Break</p>		<p>No School (v)=Vegetarian</p>
			<p>Lunch: Students must choose 3 of the 5 components & 1 Must be a ½ cup of Fruit or Vegetable</p>	

This institution is an equal opportunity provider.



Menu subject to change





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